

- Singer
- Musician
- Actor
- Performer
- Dancer
- Cook
- Chef
- Gardener
- Gymnast
- Personal fitness trainer
- Athlete
- Sportsperson
- Artist
- Photographer
- Fashion designer
- Beautician
- Hairdresser
- Inventor
- Planner
- Designer
- Architect
- Engineer
- Scientist
- Builder
- Mechanic
- Plumber
- Electrician
- Metal or Wood worker
- Technology/Futurist

Mental Strengths

- May possess a high pain tolerance
- Incredibly determined - never gives up
 - Sets personal goals and reaches them
 - Highly inquisitive
 - Overcomes obstacles to achieve success
 - Fantastic memory for whole words, texts, lyrics etc
 - May possess an amazing understanding of mechanics electronics or computers
 - Can tell or write amazing stories
 - May have a structured mind to process new information
 - Big picture, strategic thinkers
 - High level managers



Personality Strengths

- Excellent communicators
- Popular with their peers
- Fantastic organisers
- Good at delegating
- Great leaders and project managers
- Incredible public speakers
- Can troubleshoot and problem solve
- Quick witted and funny
- Caring towards people and animals
- Intuitive and switched on



- Business owner
- Manager
- C.E.O.
- Entrepreneur
- Electronics
- Computers
- Sales
- Retail
- Marketing
- Advertising
- Public relations
- Driver
- Service provider
- Charity worker
- Nurse
- Doctor
- Physiotherapist
- Psychologist
- Carer
- Teacher
- Trainer
- Lawyer
- Financier
- Accountant
- Economist
- Mathematician
- Armed forces
- Pilot
- Sailor



Dyslexic Strengths

What are you really good at?

Physical Strengths

- High energy levels
- Capable on both the right and left sides
- Excel in physical activities
- Incredible at sport
- Fast reflexes and response rates
- Great dexterity
- High physical endurance levels

Visual Strengths

- Can visualize in three dimensions from every angle
- Sees the world in incredible detail
- Has heightened appreciation of colour and form
- Excellent hand-eye, foot-eye coordination



Auditory Strengths

- Heightened sense of hearing
- Well developed vocabulary
- Excellent memory for rhythm, beat, tone - music
- Hears new information and remembers it

